MENU

APERO

TRIO OF DIPS 9,50
Spündekäs | Beetroot | Feta & herbs

JUMBO OLIVES 7,50
Chalkidiki Olives | Mediterranean marinated

PAIN À LA COCOTTE 7,90
Small sourdough bread | Lemon Thyme Butter

APERO PLATE 10,50
Olives | Parmesan | Salami

STARTERS

CHESTNUT & POTATO SOUP 8,50
Dieced potatoes | Sour cream

CURED SALMON 14,50
Cranberry | Buttermilk | Herb oil

BEETROOT TARTARE 12,50
Feta cream | Walnuts | Capers

BEEF TARTARE 18,50
Capers | Mustard | Shallots | Egg yolk

ETAGERE for 2 to 3 people 39,50
Beetroot Tartare | Cured Salmon | Beef Tartare

SALADS

GOAT CHEESE SALAD 19,50
Seasonal salad mix | Gratinated goat cheese
Walnuts | House vinaigrette

CEASAR SALAD 22,50
Romaine salatd | Parmesan | Croûtons
Grilled chickenbreast | Caesar dressing

SIDE SALAD 6,50
Seasonal salad | Raw vegetables

STEAKS

CHATEAUBRIAND 76,00
Beef tenderloin 450g.
Grass-Fed Beef | Herb butter

FILET MIGNON 38,50
Beef tenderloin 220g.
Grass-Fed Beef | Herb butter

CHOOSE YOUR SIDE DISHES
Mashed potatoes with roasted onions 6,00
French fries 5,00 | Small Caesar salad 7,50
Baby broccoli 7,50 | Green pepper sauce 3,00
Mushroom sauce 3,00

STEAK FRITES 34,50
Sirloin Steak 260g.
Sliced | Green pepper sauce | French Fries

MAIN COURSES

CRISPY GOOSE LEG 42,50
Potato Dumplings | Red Wine Goose Jus
Braised Red Cabbage with Apple

BARBARIE DUCK BREAST 32,50
Potato Dumplings | Red Wine Jus
Braised Red Cabbage

VENISON GOULASH 28,50
Spätzle | Braised Red Cabbage | Red Wine Jus

WIENER SCHNITZEL 32,50
Veal cutlet | Potato salad | Lemon

MÜNCHNER SCHNITZEL 22,50
Pork cutlet | Potato salad | Lemon

JÄGER SCHNITZEL 26,50
Pork cutlet | French fries | Mushroom Sauce

COQ AU VIN 22,50
A FRENCHBISTRO CLASSIC WITH A REGIONAL TOUCH
Chicken thigh | Potato puree
Glazed Carrots | Red wine sauce

SALMON 29,50
Grilled fillet | Black rice
Tomato foam | Baby broccoli

CAMPANELLE BEEF STRIPS 22,50
Homemade Pasta
Beef strips | Mushroom sauce | Parmesan

CHEESE SPÄTZLE 18,50
Egg Noodles | Cheese mix | Side salas
Cream | Parmesan |Summer truffels

PUMKIN CURRY VEGAN 18,50
Red curry | Snow peas
Coconut milk | Basmati rice | Cilantro
+ **Chickenbreast** 5,00 | + **Sliced Salmon** 6,50

EXTRAS Lingonberries 1,00 | Herb butter 1,00
Ketchup 0,5 | Mayonnaise 0,5

DESSERTS

CAFÉ GOURMAND 6,90
Espresso | Mini desserts

TIRAMISU 8,50
Mascarpone | Amaretto | Cocoa

CHOCOLATE BROWNIE 12,50
Chocolate ganache | Vanilla ice cream

ORANGE SORBET 8,50
Spiced Cookie Crumble | Candied Oranges

HOMEMADE ICE CREAM 5,50
Vanilla | Chocolate



HEILIGGEIST
RESTAURANT

HEILIG GEIST GASTRONOMIE GMBH
RENTENGASSE 2 | 55116 MAINZ

TELEFON 06131.225757
WEB WWW.HEILIGGEIST.DE
EMAIL INFO@HEILIGGEIST.DE